

## Our Goal

St. Andre Home is a private, non-profit organization designed to meet the needs of Maine women and children. Our goal is to successfully reunite families in a safe, supportive setting. We offer a structured living environment with various specialized clinical and educational care focused on the entire family.



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“When I came into the program I had very low self-esteem and didn’t know how to assert myself. Through my work both in the program and in outside support groups, I began to feel better about myself as a person and I found my voice. I am much more confident and better prepared to handle whatever challenges lay ahead of me. I am truly a different person now.” *A former resident*

# St. Andre Home

## Lewiston Program

*Infant Mental Health  
& Parenting  
Residential Services*



*Proudly Serving Since 1940*

## Services Offered

- Parenting Education and Coaching
- CPR, TCI and First Aid staff members provide supervision and support on a 24 hour basis
- Infant Mental Health Assessments and follow-up with CDS and other Infant and Child Assessment Specialties
- Licensed Clinical Social Worker available on site
- Case management
- Referral and coordination of services (medical, dental, mental health, substance abuse, etc)
- Assistance with community integration and resources
- Individual and group counseling
- Staff Members are extensively trained in Motivational Interviewing
- Life skills classes (money and time management, meal planning and nutrition, safety, and enrichment activities)
- Play groups
- Personal and social development
- Transition/discharge planning



## St. Andre Home

For over 70 years, Saint Andre Home has offered experience, knowledge, and personal guidance to young women and children in crisis. Our staff's extensive education and experience make St. Andre Home distinct in our field. In all of our programs and services, the people at Saint Andre Home work to bring families together. Services at St. Andre Home are offered regardless of religion, beliefs, nationality, or financial status. St. Andre Home is a licensed by the state of Maine as a residential care facility for children.

## Anticipated Outcomes from participation in St. Andre Home Infant Mental Health and Parenting Residential Services:

### For Mother

- Improved relationship with her child
- Positive life changes and healthier choices for herself and her child
- Mothers learn to provide for her child from the basic needs to furthering her education and employment
- Mother learns the value of good working habits and relationships

### The Child

- Safety and Security
- Improved well-being
- Attachment is strengthened with his or her mother
- Stress level is reduced with improved sense of well-being
- Improved medical care

### Opportunities for Birth Fathers

- Visitation and involvement to foster attachment
- Participation in parenting services and community groups
- Supportive couple's counseling